

## **FIELD EVENT JUDGES MEETING WITH COMPETITORS**

1. **JEWELRY RULE:** Contestants will not wear jewelry or anything that looks like jewelry during competition or between trials. Competition ends when the results have been recorded. Religious or medical medals must be taped to the body under the jersey. Medical alert bracelets must be taped to the wrist with the face- plate showing. No hard beads in the hair.
2. **UNIFORM RULE:** If a contestant competes with an illegal uniform, they are disqualified from that event without warning. Check uniform rules.
3. **TIME LIMIT AFTER CONTESTANTS NAME IS CALLED:** The athlete must say PASS when their name is called. Failure to do so constitutes a try.
  - Field Events - one minute.
  - When 3 or fewer competitors remain, the high jump competitors will be allowed 3 minutes.
  - When 1 competitor remains in the high jump, he/she will be allowed up to 5 minutes.
4. Explain your procedure for check implement inspection marks on each try.
5. Explain procedures athletes must follow if competing in another event.
6. **WARM-UP PROCEDURES:** Inform athletes when the pit/throwing area will open and closed for warm-ups. Warm-up between flights, 5 minutes.
7. Explain that they cannot view any form of pictures prior to the completion of competition.
8. Explain that there will be no wireless devices whatsoever in the competitive area - cell phones, walkie talkies. No iPods or other musical devices if they interfere with other competitors or judges.
9. Indicate limits of the restricted area around the event. Athletes can only visit verbally with a coach outside of this restricted area.